

GENERAL INFORMATION FOR FAMILIES

All days are subject to bookings and fees will apply if 7 (seven) days notice is not given.

Booked programs may change due to unforeseen circumstances.

- It is important that you call the Centre ASAP if your child/ren is unable to attend on their booked day.
- Children need to bring at least 'one' filled drink bottle, a packed lunch, unless otherwise specified on the program, and activity/weather-appropriate clothing, including a hat, every day.
- All tops need to cover shoulders and back, i.e. no singlet tops. Please send children to care with appropriate clothing including closed-in, comfortable shoes where possible - no thongs.
- Please remember that being physical most of the day increases children's appetite. So ensure that your child/ren has sufficient food for the day.
- Any medication that comes into the Centre, **must** be in its original packaging, labelled with the child's name and dosage information. All medication is to be given to staff and appropriate paperwork completed.

* Water Activity Notes:

All children must wear a rashie (preferred) or a top covering shoulders while participation in outdoor water activities. SPF50+ Sunscreen will be applied to children's exposed skin. Families may supply alternative sunscreen if they wish.



helping create confident children

In House Day \$67.25

Bus Excursion/Special Day \$73.75

Fees are before applying CCB/CCR

Please note: Due to the National Licencing Standards for Educators / Children ratios for under 5 years of age near or in water we are unable to accept bookings for children under 5 years of age to attend our excursions to the Aquatic Centre. Under 5 years of age children will stay back at the centre during these water excursions.

**DON'T FORGET TO BRING YOUR
DRINK BOTTLE & HAT EVERY DAY**

**59D Amy Road, Newstead, 7250
PO Box 724, Kings Meadows, 7249**

Phone: 6341 1555

Fax: 6344 9493

enquiries@ncn.org.au

www.ncn.org.au



East Coast Child Care

**School Holiday Program
for Kinder - 12 year olds**

9 July - 23 July



**Full Days
8.00am - 5.30pm**

**Little Penguins
Burgess Street Bicheno**

6375 1800

eastcoast@ncn.org.au



Week 1

Monday 9 July

Winter Garden Crafts

Today you will have the opportunity to make a plastic bottle terrarium and seed pod sculptures. Please remember to bring your 2 litre plastic bottles today.



Tuesday 10 July Special Day/Excursion

Highland Dance

Workshop

Today we will explore the history of Highland Dancing before participating in a style of competitive solo dancing developed in the Scottish Highlands. Please wear stretchy comfortable clothing.

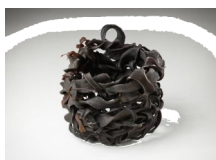
Depart: 10.30 Return: 11.30



Wednesday 11 July

Kelp Art

Today Lurking under the ocean waters is a fast growing plant that provides both food and shelter to a variety of marine animals. Today let's learn some facts about kelp while using it to create our very own kelp ball.



Thursday 12 July

Kokedama

Today we will make a Japanese bonsai Kokedama using a variety of succulents. The art of Kokedama literally translates from "koke" meaning moss and "dama" meaning ball. A what you may ask come along and find out while you make your very own to take home.



Friday 13 July

NAIDOC Activities

NAIDOC Week 2018 will celebrate the invaluable contributions that Aboriginal people have made to our communities. Today we will make delicious damper bread, a didgeridoo, learning the art of shell stringing and about mutton birds!



Week 2

Monday 16 July Local Excursion

Visit from National Parks

Today a Parks and Wildlife Ranger will visit to tell us all we need to know about penguins and other local wild life. As we have had lots of conversations about penguins since the penguin rescue during Term One.

Depart: 10.30 Return: 12.30



DON'T FORGET TO BRING YOUR JACKET, HAT & DRINK BOTTLE EVERY DAY

Tuesday 17 July

Our Baking Hats on!

Today we will start by baking cupcakes in the morning following by creating a baby themed cupcake topper using marshmallow fondant. Yum Yum



Wednesday 18 July Special Day/Excursion

Yoga

Today Kerryn from Long Point Yoga will be joining us for a kids yoga session. Please wear stretchy comfortable clothing

Depart: 10.00 Return: 11.30



Thursday 19 July

Sewing Pouches for rescued Wombats

As a way to say thank you to the Pademelon Wildlife Sanctuary we will be making/ sewing wombat pouches for orphan wombats. We will also explore why wombats need pouches?



Friday 20 July

Painting Experiments

Today is all about paint. We will explore and experiment to create a Japanese Carp Windssock using the following techniques: spray painting, marbling, stamping and bubble prints .

Monday July 23

Student Free Day

Quinoa Cooking and tasting

As winter is here let's cook up something warm and hearty for our lunch using the grain quinoa pronounced "Keen-wa" this versatile grain can be used in many dishes and the health benefits are well worth giving it a go.

